## EWING CHRISTIAN COLLEGE, PRAYAGRAJ

(An Autonomous Constituent College of University of Allahabad)





दिनांक - 14/03/2023

## वार्षिक खेल-कूद प्रतियोगिता

महाविद्यालय की वार्षिक खेलकूद प्रतियोगिताओं का आयोजन दिनांक २१ से २४ मार्च २०२३ तक होने जा रहा है, समस्त इच्छुक नियमित छात्र/छात्राएं दिनांक 17 मार्च २०२३ सांय ४:०० बजे तक शारीरिक शिक्षा विभाग में अपना नामांकन अवश्य करा लें एवं नियमित समय पर खेल परिधान में कॉलेज क्रीडास्थल पर उपस्थित हों।

## Order of Events for Men

Date	Time	Events
21.03.2023	8:00am	100m Heats, 400m Heats
21.03.2023	4:00pm	800m Final, Discus Throw Final
22.03.2023	8:00am	1500m Final, 200m Heats , Javelin Throw Final
22.03.2023	4:00pm	400m Final, Long Jump
24.03.2023	9:00am Final Day	100m Final, Shot Put Final, 200m Final, 4x100m Relay Final

Athletic Events For Men: 100m, 200m, 400m, 800m, 1500m, Shot Put, Discus Throw, Javelin Throw, Long Jump, 4X100m Relay Race

Note: An Athlete can participate in maximum of 3 events excluding 4x100m Relay Race

## **Order of Events for Women**

Date	Time	Events
21.03.2023	8:00am	100m Heats, 400m Heats
21.03.2023	4:00pm	800m Final, Discus Throw Final
22.03.2023	8:00am	400m Final, Javelin Throw Final
22.03.2023	4:00pm	200m Heats, Long Jump
24.03.2023	9:00am Final Day	100m Final, Shot Put Final, 200m Final, 4x100m Relay Final

Athletic Events For Women :100m,200m,400m,800m, Shot Put, Discus Throw, Javelin Throw, Long Jump, 4X100m Relay Race

Note: An Athlete can participate in maximum of 3 events excluding 4x100m Relay Race

Note: 1. Prize distribution for all pre-conducted Games/Sports will be held on 24.03.2023 at 9 am and report at 8:45am for Assembly.

3. Competition shall be held between 1st ,2nd ,3rd year (U.G.), P.G.&B.Ed

4. Points for individual events 1st -5 points, 2nd -3 points and 3rd -1. Relay 1st -10,2nd -5 and 3rd - 3. pts.

Department of Physical Education